



C. DI P. JUAN CARLOS RUÍZ GARCÍA
PRESIDENT OF THE H. CONGRESS OF THE STATE OF NUEVO
LEÓN
PRESENT.-

The undersigned, Deputy citizens, members of the Legislative Group of the National Action Party of this LXXV Legislature to the H. Congress of the State of Nuevo Leon, based on the provisions of Article 122 BIS, 122 BIS I and 123 of the Government Regulations Inside the State Congress, we submit this Point of Agreement to the consideration of this Sovereignty under the following:

STATEMENT OF MOTIVES

Improper use of antibiotics is a health risk and a waste of resources from medical services. Likewise, it increases the bacterial resistance which brings with it an increase in the hospital stay of the patients, in the cost of the treatments and the mortality in the population. Various initiatives around the world have been promoted, for example, the Mexican government modified the constitution following the recommendations of the World Health Organization. One of the most important modifications made by the Mexican government was to request a prescription for the sale of antibiotics. However, the control



of this type of medication has not been rigorous and there are no records that help to know the reality of this problem.

In order to address all the deficiencies in the country, modifications were made to the education and management systems of the national health sectors, however, it was not possible to generate an impact on the entire public or an effective national strategy . Antibiotic resistance and its inappropriate use are persistent problems of health systems, although several strategies to contain them have been implemented

One of the main problems with the medicines is the improper use of these, one of the main causes is that in our country there are no inserts in the packaging of the medicines that are sold by prescription, including antibiotics, which means that consumers do not have enough information when they are taking a prescribed medication.

The **norm NOM-072-SSAI-2012** is the one that regulates the information that contains the medicines and herbal remedies. Article 7.3 established that: “in the case of antibiotics and medications classified in sections V and VI of article 226 of the General Health Law, **information directed to provide guidance on the correct use of the medication may be included.**”



Antibiotic resistance is a major threat to public health. Its effects translate into an increase in hospital stay, cost of treatments and mortality. Inappropriate use of antibiotics is a situation that leads to increased resistance. There are a lot of factors that increase this problem. An average patient does not usually use antibiotics in an appropriate way since they do not take their full treatment and become self-medicated because of the lack of information they have available, or false information from different websites.

Improper use of medicines has negative consequences for both the health and the economy of those who consume it. Above all, the misuse of antibiotics generates bacteria resistant to them, consequently the effectiveness of existing treatments decreases, while costs and mortality increase.

One of the most encountered problems in Mexico is bacterial resistance in hospitals and in the community in general. For example, about 55% of the organisms that cause infections such as pneumonia or meningitis in Mexico are resistant to antibiotics. In addition to the above, there is also a record of resistant pathogens that cause enteric and urinary infections. This resistance results in an increase in mortality in the intensive care area of hospitals.



Some Mexican regulations are intended to regulate medications in Mexico and reduce the effects of their inappropriate use.

That is why we propose to this H. Congress of the State of Nuevo León, the approval of the following point of:

AGREEMENT

FIRST.- The LXXV Legislature to the H. Congress of the State of Nuevo León, makes an attentive and respectful appeal to C. Manuel Enrique de la O Cavazos, Secretary of Health of the State of Nuevo León, in order to manage before the authority or authorities corresponding to the need to apply clearer and more precise informative inserts, as established in Official Mexican Standard NOM-072-SSA1-2012, so that they are understandable to the general public, and thus avoid negative consequences to the Service of Health in our State, for the misuse of medicines.

SINCERELY,

Monterrey, Nuevo Leon 5 SEPTEMBER 2019
Legislative Group of the National Action Party



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