

## **Protocol for growth curves of different organisms**

### **a) *Lactobacillus casei* ATCC 0334 Growth Curve**

**Protocol Code: GC\_Lacto**

#### Materials

- L.casei fresh plate
- MRS medium
- Centrifuge
- Shaker
- Biotek Synergy HTX Multi-mode microplate reader NaOH
- Falcons

#### Procedure

##### **Day 1. Pre culture**

1. From a relative fresh plate of *L. casei*, pick a colony and growth O/N at 37 °C in a falcon with 25 ml of MRS médium and incubate in a shak

##### **Day 2. Curve elaboration**

1. Centrifuge at 5000 rpm for 10 minutes and resuspended the pellet with MRS medium, to a final OD of 0.01 and 0.5.
2. Incubate for 18 h at 37 °C, at slow rpm (12)
3. Measure at a wavelength of 600 nm in the Biotek Synergy HTX Multi-mode microplate reader.

### **b) *Escherichia coli* DH5α Growth Curve**

**Protocol Code: GC\_Coli**

#### Materials

- Viable *E. coli* DH5α
- Liquid medium LB
- Chamber at 37°C
- 15 flask of 125 mL
- Biotek Synergy HTX Multi-mode microplate reader
- Centrifugue

#### Procedure

##### **Day 1. Pre culture**

1. From a relative fresh plate of *E. coli*, pick a colony and growth O/N at 37 °C in a falcon with 25 ml of LB medium and incubate in a shaker.

**Day 2.** Curve elaboration

1. Centrifuge at 5000 rpm for 10 minutes and resuspended the pellet with LB medium, to a final OD of 0.01.
2. Incubate for 8 h at 37 °C, at slow rpm (120).
3. Take samples every hour.
4. Measure at a wavelength of 600 nm in the Biotek Synergy HTX Multi-mode microplate reader for the OD.